

Basic Terms

Terms	Description
Anterior	
Posterior	
Superior	
Inferior	
Medial	
Lateral	
Ventral	
Dorsal	
Interior	
Exterior	
Superficial	
Deeper	
Proximal	
Distal	
Cranial	
Caudal	
Bilateral	
Ipsilateral	
Movements	
Flexion	
Extension	
Hyperextension	
Abduction	
Adduction	
Protraction	
Retraction	
Supination	
Pronation	
Circumduction	
Inversion	
Eversion	